



# Nicholas Kelly MS, RD ,LD

Dietitian | Speaker | Author | Advocate | CF Fighter



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@NicholasKellyRD

## Profile

Passionate, energetic, knowledgeable, and compassionate, are a few words to describe, Nicholas Kelly's approach to life. His story began at three months old when his mother diagnosed him with Cystic Fibrosis. Growing up Nick strove for normalcy, valuing himself as a person, meant to stand out. Nick thrived despite his disease; obtaining a Bachelor's and Master's degree from Bowling Green State University, and becoming a Dietitian.

In addition, he is an author, decorated speaker, with more than 75 speeches, and an advocate. Nick's life has focused on utilizing his abilities and knowledge to influence those around him while acting as a positive representation of the educational, artistic, and CF community.

## Topics

- *Health, Wellness, and Nutrition*
- *Overcome Obstacles*
- *Living with Passion and Purpose*
- *Clinician/Patient Advocacy*
- *Race & Culturally Sensitive Care*
- *Cystic Fibrosis*
- *Living with Chronic Disease*

## A "Professional Patient with Clinical Training"

### Experience

#### Panel Speaker

United States // 2022 & 2023

#### North American Cystic Fibrosis Conference, Vertex, and more

Highlighted the opportunity for growth in culturally competent care and DEI through the personal and professional lived experiences, for a conference with upward of 5,000 attendees.

#### Featured/Keynote Speaker

United States // 2015 - Present

#### National Conferences, Healthcare Systems, and more (20+)

Shared my clinical expertise and unique patient perspective, while inspiring and motivating audiences upward of 100 people

#### Guest Instructor

United States // Jan 2012 - Present

#### Universities | Healthcare Systems | Regulatory Bodies

Educated students, and future & current clinicians, across 8 universities, 20 healthcare systems; advised the FDA. Provided methods to enhance the patient experience, and effective ways to navigate and improve the patient-clinician dynamic. Challenged traditional thinking to help remove bias. Taught, the facets of CF, and the relationship between nutrition and health.

#### Keynote Speaker

United States // Jan 2017 - Present

#### Cystic Fibrosis Education Days (15+)

Educated on nutrition and its influence on Cystic Fibrosis, the value of exercise, and the importance of finding/having passion.

#### Clinician/Patient Advocate

Boston, MA // Jan 2019

#### TedxHultBoston: "Healing Through the Human Experience"

Shared my experiences as a dietitian, my story of living with Cystic Fibrosis, and various methods to bridge the gap between individuals through positive communication practices.

#### Patient Advocate - Media

United States // Jan 2019

#### Jim Rome Show | Dave Smith Show | Baskin & Phelps | Fox News

Discussed the Browns, Cleveland, Cystic Fibrosis, and advocacy with Jarvis Landry with more than 1.2 million viewers

#### Educator | Ambassador

United States // Jan 2012 - Present

### Education

#### Bachelor's of Science: Dietetics

// Jan 2005 - 2009

Bowling Green State University

#### Master's of Food & Nutrition

// Jan 2009 - 2011

Bowling Green State University